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# WHAT IS CLAIRE HOUSE CHILDREN'S HOSPICE?

Claire House Children's Hospice helps seriously and terminally ill children live life to the full by creating wonderful experiences and bringing back a sense of normality to family life.

By providing specialist nursing care and emotional support we help families smile again when life couldn't get any tougher.

Claire House has a team of trained professionals who are as passionate about what they do as they are talented at doing it. Our staff includes nurses, physiotherapists, play specialists, counsellors and we also have four dedicated doctors who visit the hospice.

#### **Creating magical memories**

But Claire House is about far more than just care. It is a place for children to relax and enjoy themselves, whatever their age. They can have fun in our multi-sensory room, art room, hydrotherapy pool and jacuzzi. There is a separate wing complete with bar, sound system and Xbox for teenagers and young adults.

Whilst their children are having fun, mums and dads get the chance to enjoy some much-needed time off together or the opportunity to spend time with their other children.

#### Care when and where you need it

Not all families want to come to the hospice, so our team goes out to visit them in their homes and we put on regular trips for brothers and sisters to ensure they don't miss out on having fun.

Claire House is also there for parents during the toughest of times. Whether they are spent at home or in the hospice, we ensure a child's final days are memorable and special.

As one family put it: "The best thing about Claire House is knowing that they are always there. From the minute you meet them for as long as you need them."



### SAY HELLO TO LOU,

## ONE OF OUR PALLIATIVE CARE NURSE SPECIALISTS...



"Hi, I'm Lou a Palliative Care Nurse Specialist, which basically means I care for children, young adults and their families, who have an illness or condition which they might not get better from. Sometimes our children and young people do get better, and sometimes they don't. We always hope for the best, but help families make plans for the worst."

I love working at Claire House because every day is different. I can be planning a fun party for someone one day, and supporting a family when their child passes away the next. The biggest thing for me is making a difference. Sadly, we can't make people better, but at least I know I have helped. This may have been by making sure they were comfortable at the end of their life, making sure they had as much fun as possible in the final days, giving them a voice in decision

making, or helping them to tick things off their bucket list.

My favourite part of my job is working with my team and my patients. My team are amazing because we are always there for each other and pick each other up when needed. And my patients are amazing because I caseload manage teenagers and young adults who are at the end of their sadly short life, and they never cease to amaze me with their courage and inspire me with their attitudes. It's an actual pleasure to be a small part of their lives."

Claire House would be nothing without our amazing care team. £22 can help fund a nurse like Lou for one hour, in which time she can help make a difference during the most difficult time in a family's life.

## HOW YOUR SCHOOL CAN HELP



#### GET INVOLVED IN A CLAIRE HOUSE EVENT...

- MARCH Butterfly Bake
- SUMMER TERM Claire Bear 3k, 100ks of summer or Hero Hike
- CHRISTMAS Christmas Hat Day

#### **RUN YOUR OWN EVENT...**

- Non-uniform/dress up day
- Make an evening of it movie night, quiz, disco.
- Take on a challenge sponsored run or walk, teachers vs pupils sport competitions.
- Make a sale tuck shop, ice lolly's on a Friday, bake sale, toy sale.
- Put on a show fashion show, dance show, concert.



# HOW WE CAN SUPPORT YOUR SCHOOL

We can attend an assembly, in person or virtually, to tell you about Claire House. Claire Bear could also pay a visit!

We run virtual and in person workshops with a focus on Makaton and sensory activities.

We can also provide staff meeting talks, if your staff would like to know more about Claire House or the resources we have.

# WE HAVE TONS OF RESOURCES AVAILABLE FOR SCHOOLS...

- I can be anything Learn about Claire House whilst focusing on careers
- Wellbeing lesson plans –
   Learn about Claire House with a focus on wellbeing
- Makaton videos Learn simple signs or even a song!
- Claire Bear colouring pages
- Claire House Volunteering awards for young people

# WE CAN ALSO PROVIDE FUNDRAISING MATERIALS TO HELP WITH YOUR EVENT

- Buckets or printable bucket labels, so you can use your own
- Banners
- T-shirts
- Leaflets
- Sponsorship forms
- Extra volunteers for an event



### BANKING YOUR MONEY

There are several easy ways in which you can get your sponsorship to Claire House. Whichever way you choose, please remember to let us know your schools name, what you are doing to raise the money and who is the best person to contact.



PAY IT ONLINE - You can visit www.clairehouse.org.uk and pay your funds in online.



**JUST GIVING** - If you fundraise using Just Giving, you won't need to worry about banking your money as it will come to us automatically. We can also claim gift aid through donations made on Just Giving meaning you can raise even more money! Visit www.justgiving.com to set up your page and share your personal school link in your newsletters or on your website.



POST US A CHEQUE - You can send us a cheque made payable to 'Claire House' and post it to: Fundraising Centre, Claire House Children's Hospice, Clatterbridge Road, Bebington, Wirral, CH63 4JD.



POP IN - You can bring your money to us in person - just pop in and see us at our Fundraising Centre which is located at: Clatterbridge Road, Bebington, Wirral, CH63 4JD. The Fundraising Centre is open from 9am to 5pm, Monday to Friday.

### WHO TO CONTACT

Our fundraising team are here to support you through your fundraising journey. Please do get in touch to let us know what you are doing- we love hearing about your ideas and events!

Let us know by phone, email or by filling in our online form 0151 343 0883 | fundraising@clairehouse.org.uk www.clairehouse.org.uk/howyoucanhelp/ fundraising-for-claire-house/

To find out more about Claire House, visit our website www.clairehouse.org.uk

You can also follow us on social media:



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Every day at Claire House we support babies, children and young people who have sadly been diagnosed with terminal conditions.

Whilst we cannot change the prognosis, we can ensure these individuals and their families get the care and support they deserve. Every contribution, whatever size, will have an impact on our families.

#### YOUR SCHOOL'S SUPPORT COULD HELP PAY FOR...

an hour of one-to-one nursing care

£34
a play session for a child

£47

a counselling session for a sibling



£218

A princess party to complete an item off a little girl's bucket list